



Build UP SPIRITUAL MATURITY

SELF-ASSESSMENT FOR ADULTS

Description

Assessment Scale

GETTING STARTED SHOWING DEFINITE PROGRESS CONSISTENTLY EVIDENT



Believe the Gospel

1. I acknowledge my personal guilt of sin and need for salvation.	1	2	3	4	5
2. I understand the reality of Heaven and Hell.	1	2	3	4	5
3. I believe faith in Christ's sacrifice is the only way to salvation.	1	2	3	4	5
4. I have trusted Christ as Savior.	1	2	3	4	5
5. I have assurance of my salvation.	1	2	3	4	5
6. I can articulate my salvation testimony.	1	2	3	4	5
7. I have been baptized by immersion.	1	2	3	4	5
8. I give evidence of salvation by my transformed life.	1	2	3	4	5
9. I am able to explain the gospel.	1	2	3	4	5
10. I seek opportunities to present the gospel to unbelievers.	1	2	3	4	5
11. I challenge other believers to evangelize.	1	2	3	4	5



Understand Biblical Ethics

12. I recognize God's Word as the standard for morality.	1	2	3	4	5
13. I understand the world, the flesh, and Satan are enemies of the believer.	1	2	3	4	5
14. I evidence Biblical convictions on conduct.	1	2	3	4	5
15. I do right even when others do wrong.	1	2	3	4	5
16. I choose friends wisely.	1	2	3	4	5
17. I conduct myself appropriately toward the opposite sex.	1	2	3	4	5
18. I respond appropriately when corrected.	1	2	3	4	5
19. I take preventative steps to avoid temptation.	1	2	3	4	5
20. I respect people in positions of authority.	1	2	3	4	5
21. I distinguish between current cultural and Biblical standards.	1	2	3	4	5
22. I articulate cultural issues and Biblical responses.	1	2	3	4	5



Internalize Godliness

23. I place Christ first in my life.	1	2	3	4	5
24. I practice a consistent prayer life.	1	2	3	4	5
25. I participate in personal and corporate worship.	1	2	3	4	5
26. I meditate on Scripture.	1	2	3	4	5
27. I evidence humility.	1	2	3	4	5
28. I have a teachable spirit.	1	2	3	4	5
29. I forgive others who have wronged me.	1	2	3	4	5
30. I display the fruit of the Spirit.	1	2	3	4	5
31. I demonstrate discipline in thought and conduct.	1	2	3	4	5
32. I live with integrity in all things.	1	2	3	4	5
33. I believe God even when the outcome is unseen.	1	2	3	4	5



Learn Doctrine

Description	Assessment Scale				
	GETTING STARTED	SHOWING SOME PROGRESS	CONSISTENTLY EVIDENT		
34. I consistently read and study the Bible.	1	2	3	4	5
35. I demonstrate proficiency in Bible facts and knowledge.	1	2	3	4	5
36. I understand the difference between Israel and the church.	1	2	3	4	5
37. I demonstrate a grasp of major Bible doctrines.	1	2	3	4	5
38. I make insightful contributions in Bible studies.	1	2	3	4	5
39. I understand and accept my church's theological and organizational heritage.	1	2	3	4	5
40. I accurately apply the Bible to life situations.	1	2	3	4	5
41. I recognize and reject erroneous teaching.	1	2	3	4	5
42. I avoid foolish and ignorant disputes.	1	2	3	4	5
43. I am able to discuss and defend sound Biblical and doctrinal views.	1	2	3	4	5
44. I follow Biblical guidelines for correcting those in error.	1	2	3	4	5



Develop Life Skills

45. I am a wise steward of my resources.	1	2	3	4	5
46. I demonstrate wisdom in communication.	1	2	3	4	5
47. I am pursuing God's will for my life.	1	2	3	4	5
48. I evidence a healthy self-respect.	1	2	3	4	5
49. I display persistence in the pursuit of goals.	1	2	3	4	5
50. I exhibit discernment with situations and people.	1	2	3	4	5
51. I have good interpersonal skills.	1	2	3	4	5
52. I fulfill responsibilities in relational roles; e.g., marriage, family, community, and friendship.	1	2	3	4	5
53. I function well under pressure.	1	2	3	4	5
54. I work through problems to arrive at wise solutions.	1	2	3	4	5
55. I recognize God's purpose and provision in suffering and death.	1	2	3	4	5



Uplift Others

56. I understand the Biblical responsibility to care for others.	1	2	3	4	5
57. I am more concerned for others than myself.	1	2	3	4	5
58. I treat people with respect, regardless of age, gender, appearance, or race.	1	2	3	4	5
59. I am respectful of others' opinions.	1	2	3	4	5
60. I express gratitude to others.	1	2	3	4	5
61. I rejoice in others' accomplishments.	1	2	3	4	5
62. I pray for others.	1	2	3	4	5
63. I share my financial and material resources.	1	2	3	4	5
64. I show compassion toward those in need.	1	2	3	4	5
65. I take the initiative to meet the needs of others.	1	2	3	4	5
66. I am informed about and supportive of global missions.	1	2	3	4	5



Description

Assessment Scale



Prepare to Serve

	<i>Assessment Scale</i>				
	GETTING STARTED	SHOWING DEFINITE PROGRESS	CONSISTENTLY EVIDENT		
67. I understand the obligation to serve in the local church.	1	2	3	4	5
68. I recognize my spiritual gifts and abilities.	1	2	3	4	5
69. I meet the qualifications of godliness for service.	1	2	3	4	5
70. I serve effectively in a suitable ministry.	1	2	3	4	5
71. I work well with others as a team.	1	2	3	4	5
72. I consistently endeavor to improve my ministry skills.	1	2	3	4	5
73. I take the initiative to help with ministry projects and activities.	1	2	3	4	5
74. I complete tasks in a positive manner.	1	2	3	4	5
75. I am respected by others.	1	2	3	4	5
76. I am willing to show others how to serve.	1	2	3	4	5
77. I evidence a willingness to consider vocational ministry.	1	2	3	4	5