



# INSTRUCTIONS—Children's Spiritual Maturity Assessment



*BuildUP Spiritual Maturity Assessments* enable you to evaluate seven categories of spiritual development. The seven categories are

- **Believing the Gospel**
- **Understanding Biblical Ethics**
- **Internalizing Godliness**
- **Learning Doctrine**
- **Developing Life Skills**
- **Uplifting Others**
- **Preparing to Serve**



Together these seven categories comprise a profile of spiritual maturity. By conducting an assessment review, you will be able to identify the strengths and challenges in a believer's spiritual formation. By combining the data from the individual assessments, you can obtain a composite profile of the group. This information enables a leader to more effectively design educational strategies for spiritual growth.

The assessments will also help you gauge how well you know the individuals you are teaching. The greater awareness you have of the spiritual progress of each person in your group, the more effective you will be as a builder of lives. Three spiritual maturity evaluations are available—*BuildUP Spiritual Maturity Assessment for Children, for Youth, and for Adults*.

## Doing the assessment

Select the appropriate assessment—children, youth, or adults. Each assessment has eleven descriptions for each of the seven categories of spiritual maturity. At the right of each page is a ranking scale of 1 to 5. Number 1 is the low end of the ranking, with number 5 as the high end. Number 1 characterizes a person who is just starting in the area of this description. Number 3 characterizes a person who is making definite progress but needs to develop to a greater extent. Number 5 represents an individual who consistently evidences development in this area. Numbers 2 and 4 represent midway progress between the specified ranges. (Optional self-assessment tools are provided in the youth and adult sections.)

## Individual scoring

After completing the assessment, use the *INDIVIDUAL Spiritual Maturity Scoring Inventory* to compile the results. For each assessment item, record the ranking from the 1 to 5 scale next to the corresponding item number on the *INDIVIDUAL Spiritual Maturity Scoring Inventory*. Add each column to obtain a subtotal for each spiritual maturity category. On the *INDIVIDUAL Spiritual Maturity Progress Chart*, plot each category's subtotal in the corresponding column. The *INDIVIDUAL Spiritual Maturity Scoring Inventory* and the *INDIVIDUAL Spiritual Maturity Progress Chart* will provide a profile of a person's strengths and challenges in his/her spiritual maturity development.

## Group scoring

On the *GROUP Spiritual Maturity Scoring Inventory*, list the subtotals from individuals as recorded on the *INDIVIDUAL Spiritual Maturity Scoring Inventory* under each corresponding category. Add the subtotals from the individuals and divide this sum by the number of individuals in the group. Repeat this procedure for each category to obtain a group average for each category. On the *GROUP Spiritual Maturity Progress Chart*, plot the group averages in the corresponding columns. The *GROUP Spiritual Maturity Scoring Inventory* and the *GROUP Spiritual Maturity Progress Chart* will provide a profile of the group's strengths and challenges in its spiritual maturity development.

## Keep in mind

The intent of spiritual assessment is to better understand personal and group progress toward spiritual maturity. To protect confidentiality, do not include people's names on the assessments. You may choose to use numbers to designate individuals. It is recommended that parents be part of the process of assessing their children.



# SPiritual MATURITY ASSESSMENT FOR CHILDREN

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Description	Assessment Scale				
	GETTING STARTED	SHOWING DEFINITE PROGRESS			CONSISTENTLY EVIDENT
<b>Believe the Gospel</b>					
1. He/She understands what sin is.	1	2	3	4	5
2. He/She understands the reality of Heaven and Hell.	1	2	3	4	5
3. He/She understands that Jesus is the only way to Heaven.	1	2	3	4	5
4. He/She has trusted Christ as Savior.	1	2	3	4	5
5. He/She has assurance of salvation.	1	2	3	4	5
6. He/She can give a simple testimony of his/her salvation.	1	2	3	4	5
7. He/She has been baptized by immersion.	1	2	3	4	5
8. He/She gives evidence of salvation by the way he/she lives.	1	2	3	4	5
9. He/She can explain how to be saved.	1	2	3	4	5
10. He/She tells other people about Jesus.	1	2	3	4	5
11. He/She invites people to church or church programs.	1	2	3	4	5



<b>Understand Biblical Ethics</b>					
12. He/She recognizes that the Bible is God's Word.	1	2	3	4	5
13. He/She understands that Satan is God's enemy and he tempts us to do wrong things.	1	2	3	4	5
14. He/She obeys God's Word.	1	2	3	4	5
15. He/She does right even when others do wrong.	1	2	3	4	5
16. He/She knows the importance of choosing the right friends.	1	2	3	4	5
17. He/She understands how a godly young man/woman should act.	1	2	3	4	5
18. He/She responds positively to discipline.	1	2	3	4	5
19. He/She seeks to avoid areas of temptation.	1	2	3	4	5
20. He/She respects people in authority.	1	2	3	4	5
21. He/She is honest.	1	2	3	4	5
22. He/She is beginning to apply Biblical principles to life situations.	1	2	3	4	5



<b>Internalize Godliness</b>					
23. He/She understands the concept of "Christ in us."	1	2	3	4	5
24. He/She prays in private and is willing to pray in public.	1	2	3	4	5
25. He/She attends church services.	1	2	3	4	5
26. He/She memorizes Scripture.	1	2	3	4	5
27. He/She is not proud or boastful.	1	2	3	4	5
28. He/She has a teachable spirit.	1	2	3	4	5
29. He/She forgives those who have wronged him/her.	1	2	3	4	5
30. He/She is beginning to display the fruit of the Spirit.	1	2	3	4	5
31. He/She shows evidence of self-control.	1	2	3	4	5
32. He/She has consistent character at home, school, and church.	1	2	3	4	5
33. He/She is learning to trust God in everyday life.	1	2	3	4	5



**Learn Doctrine**

	GETTING STARTED	SHOWING DEFINITE PROGRESS	CONSISTENTLY EVIDENT		
34. He/She respects the Bible as God’s Word.	1	2	3	4	5
35. He/She listens attentively and participates when the Bible is taught.	1	2	3	4	5
36. He/She is beginning to read the Bible on his/her own.	1	2	3	4	5
37. He/She knows basic Bible stories and can locate books of the Bible.	1	2	3	4	5
38. He/She knows the difference between the Old and New Testaments.	1	2	3	4	5
39. He/She is beginning to recognize false teaching.	1	2	3	4	5
40. He/She has a grasp of basic Bible doctrines.	1	2	3	4	5
41. He/She can name and describe the work of the three Persons of the Trinity.	1	2	3	4	5
42. He/She understands how our church is organized and who the pastor(s) and deacons are.	1	2	3	4	5
43. He/She has an awareness that Jesus is coming again.	1	2	3	4	5
44. He/She can explain what he/she believes about the Bible, God, and Jesus.	1	2	3	4	5



**Develop Life Skills**

45. He/She recognizes that all we have is from God and is to be used for Him.	1	2	3	4	5
46. He/She understands the concept of giving one-tenth to the Lord.	1	2	3	4	5
47. He/She uses her tongue wisely.	1	2	3	4	5
48. He/She realizes that God has a plan for his/her life.	1	2	3	4	5
49. He/She respects the members of his/her family.	1	2	3	4	5
50. He/She is beginning to respond properly to disappointments.	1	2	3	4	5
51. He/She dresses modestly.	1	2	3	4	5
52. He/She relates well to his/her peers.	1	2	3	4	5
53. He/She can control his/her temper.	1	2	3	4	5
54. He/She shows persistence in working through challenges.	1	2	3	4	5
55. He/She recognizes that sickness and death are part of God’s plan.	1	2	3	4	5



**Uplift Others**

56. He/She understands that the Bible tells us to care for others.	1	2	3	4	5
57. He/She shows concern for others.	1	2	3	4	5
58. He/She treats people with respect regardless of age, gender, appearance, or race.	1	2	3	4	5
59. He/She uses good manners.	1	2	3	4	5
60. He/She expresses thankfulness.	1	2	3	4	5
61. He/She rejoices with others’ accomplishments.	1	2	3	4	5
62. He/She prays for others.	1	2	3	4	5
63. He/She finds ways to share with others.	1	2	3	4	5
64. He/She uses humor appropriately.	1	2	3	4	5
65. He/She is kind to those who are hurting or who have disabilities.	1	2	3	4	5
66. He/She understands what a missionary is/does and shows interest in the church-supported missionaries.	1	2	3	4	5



*Description*

*Assessment Scale*



**Prepare to Serve**

<i>Description</i>	<i>Assessment Scale</i>				
	GETTING STARTED	SHOWING DEFINITE PROGRESS	CONSISTENTLY EVIDENT		
67. He/She knows the importance of helping at church.	1	2	3	4	5
68. He/She volunteers to help with projects and activities.	1	2	3	4	5
69. He/She serves in a way appropriate for his/her age.	1	2	3	4	5
70. He/She serves with enthusiasm.	1	2	3	4	5
71. He/She works well with other children and adults.	1	2	3	4	5
72. He/She has a positive influence on other children.	1	2	3	4	5
73. He/She follows directions.	1	2	3	4	5
74. He/She works until a task is complete.	1	2	3	4	5
75. He/She is willing to use his/her talents at church.	1	2	3	4	5
76. He/She seeks to improve his/her ability to serve.	1	2	3	4	5
77. He/She realizes that God may want him/her to serve Him in vocational ministry.	1	2	3	4	5